

# What is WQT?



SWEETHEARTS &  
**HEROES**

# Wonder Question Technique

## Divergent Questioning

is the process of generating a wide range of creative and open-ended questions to explore many possible angles and spark curiosity.

**DQ**

## Metacognitive Questioning

involves reflecting on your own thinking and asking why you want to know something, fostering deeper self-awareness and intentional inquiry.

**MQ**

## Convergent Questioning

focuses on refining, prioritizing, and improving your questions to be more targeted, effective, and aligned with what you want to learn.

**CQ**

## Socratic Dialogue

a collaborative, critical discussion that uses thoughtful questioning to deepen understanding, uncover assumptions, and explore complex ideas together.

